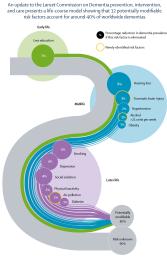
## Long-Term Causal Effects of Access to Institutional Delivery on Dementia Risk

Martin Fischer (joint work with Martin Karlsson, Nikolaos Prodromidis, Therese Nilsson and Martin Lövdén)

September 14, 2023



## Risk Factors for Dementia (Lancet Commission)



#### Risk factors for dementia

 40% of known risk factors potentially preventable.

- 60% either unknown or considered non-preventable.
- Known risk factors represent associations, not causal relationships.
- Very early life period under-explored.



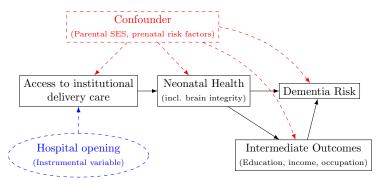


Figure: Path Diagram.

#### Reserve – Threshold Models

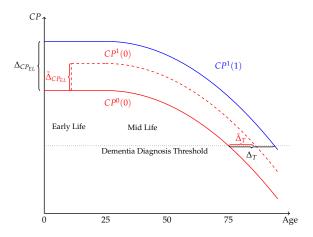
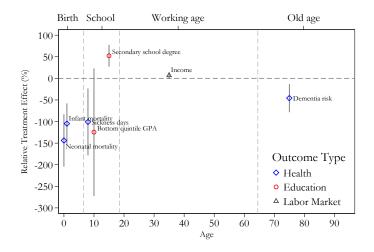


Figure: Cognitive Reserve – Potential Outcomes.

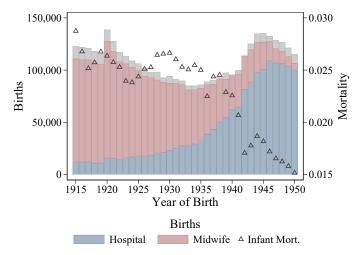
# Treatment effects from being born in hospital estimated by instrumental variable



## How to interpret the results – running LATE

- Estimated treatment effects from IV VERY large.
- Suggests that born in maternity ward eradicates infant mortality, the risk of getting dementia and doubles educational attainment. Note very reasonable...And also not in line with aggregated trends.
- Know that IV under heterogenous treatment effects estimates effect on subpopulation of compliers.
- Put effects into perspective by
  - a) using marginal treatment framework to explain the large effects stemming from **selection into treatment**,
  - b) present evidence that compliers were chosen through sophisticated risk selection by midwifes,
  - c) realign large treatment effects with general aggregated trends,
  - d) Consequences for external validly and policy implications.

#### Transition from Home to Hospital Births



#### Figure: Live Births and Neonatal Mortality in Sweden, 1915–50.

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## Transition from Home to Hospital Births

• Changing preferences to give births in maternity wards.

- ► Transition **earlier** than in other Nordic countries.
- Swedish midwifes generally well-educated but not for births with serious complications.
- ► Excess demand for giving birth in maternity wards ⇒ hospitals operated at capacity constraint.
- Supply shifts as *natural experiments*:
  - Establishment of new hospitals.
  - Extensions of existing institutions.

#### Data Sources

### 1. Swedish Administrative Data (SIP, individual level)

- Censuses (1950, 1970)
- Outcome: Dementia
  - Cause of Death Register
  - Inpatient Register

Mediators: Income, Education, Occupation

#### 2. Intervention Data (expansions in the hospital sector)

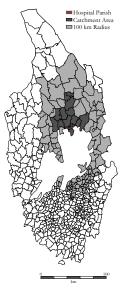
- 51 hospital openings or extensions.
- Requirements for in sample:
  - Historical records on openings or extensions
  - Presence of a birthbook
- Identification of catchment area around hospital (parishes which contributed to births at the hospital ~30-40 km).

#### Data Sources, Ctd.

#### 3. School Performance Data (individual level)

- Digitised from exam catalogues for subsample (N = 10, 965)
- ▶ Includes performance years 1 and 4 (ages 7–11).
- Read/speak, write, math, religion, physical education.
- Sickness absence (pct of school days).
- 4. Midwife Data (universe of home births)
  - Entire population 1928–38.
  - Data on mothers, complications, procedures, parity...
  - Available at health district level (N = 400).

#### Catchment Area Karlstad (1937)



- Start with radius 60km (120 km in the 5 northern counties).
- 2. Data-driven approach to identify parishes within radius which contribute to maternity ward births.
- 3. Typical radius 30-40km.
- 4. Radius is in line with historical sources on travel distances, using quite sophisticated modes of transportation for 1930s (cars, sometimes even planes!).

Empirical Strategy: Instrumental Variables

#### First Stage:

$$H_i = \beta_0 + \beta_1 Z_i + \beta'_2 X_i + \mu_c + \delta_t + \eta_i,$$

- H<sub>i</sub> hospital birth
- $Z_i$  born after an extension/opening
- catchment area fixed effects  $\mathcal{U}_{\mathbf{C}}$
- $\delta_t$  fixed effects birth year

Second stage:

$$Y_i = \gamma_0 + \gamma_1 \hat{H}_i + \gamma'_2 x_i + \mu_c + \delta_t + \epsilon_i,$$

- 1. Pooled Regression Discontinuity (before and after)
- 2. Two-way fixed effects (DiD) (with 2-year window around opening)
- 3. Difference-in-Discontinuity (with 2-year window around opening)
- Linear regression models
- Survival models (time of first diagnosis of dementia).
  - Control function
  - G-estimation

### Local average treatment effect

- With our binary instrument and under the assumptions of
  - Independence
  - Exclusion
  - and Monotonicity...
- γ<sub>1</sub> identifies a LATE for those being born in a hospital due to a supply side shift.

$$\gamma_1^{LATE} = \mathbb{E}\left(Y_i^1 - Y_i^0 \mid H_i^1 > H_i^0\right)$$

Not necessarily

$$\begin{split} \gamma_{1}^{LATE} &= \mathbb{E}\left(Y_{i}^{1} - Y_{i}^{0}\right)\\ \gamma_{1}^{LATE} &= \mathbb{E}\left(Y_{i}^{1} - Y_{i}^{0} \mid H_{i} = 1\right)\\ \gamma_{1}^{LATE} &= \mathbb{E}\left(Y_{i}^{1} - Y_{i}^{0} \mid H_{i} = 0\right) \end{split}$$

#### First Stage

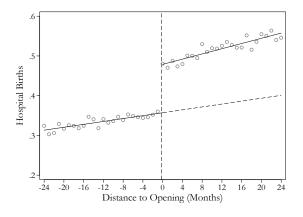


Figure: The First Stage: Hospital Birth

#### First Stage

#### Table: First Stage

	RDD	DiDisc
MATERNITY WARD OPENING/EXTENSION (P.P.)	12.42	12.51
[95% CI]	[10.69,14.16]	[9.06,15.97]
Mean Dep. Var	37.37	37.37
F-Statistic	218.46	53.59

*Notes*: Robust standard errors are clustered at the level of the running variable.

## Early Life and Mid-life Outcomes

#### Table: Instrumental Variable Estimates

	Neonatal mortality	Life-Cycle Earnings	Years of education	Secondary school
BORN IN MATERNITY WARD				
RDD	-0.041** (0.017)	11225.51 (16808.78)	1.48*** (0.39)	0.18*** (0.04)
Mean dep. var.	0.028	175,944.46	9.42	0.24
DID	-0.045*** (0.009)	19457.92** (8280.75)	1.35*** (0.33)	0.17*** (0.05)
Mean dep. var.	0.028	175,944.46	9.42	0.24

#### Main Results

#### Table: Effects of Hospital Delivery on Dementia Risk

	RDD	DiDisc
PROPORTIONAL HAZARD MODEL		
ITT	0.876	0.883
[95% CI]	[0.774,0.990]	[0.798,0.976]
IV	0.339	0.462
	[0.130,0.885]	[0.218,0.979]
Ν	43,512	86,675
Cluster	24	48

*Notes*: Robust standard errors are clustered at the level of the running variable. Significance levels: \* 0.10 \* \* 0.05 \* \* \* 0.01.

## Untreated Outcomes Test

Subpopulation of individuals who were **not** born in hospital

- before a supply-side expansion: compliers (C) and never-takers (N)
- after supply-side expansion only never-takers (N)
- any change in outcomes or in control variables W<sup>0</sup> e {Y<sup>0</sup>, X<sup>0</sup>} within the untreated group which coincides with the intervention Z must be a result of selection.
- Use two different data source:
  - 1. Midwife diaries on homes births (by construction conditioning on no treamtment).
  - 2. Individual level data conditioning on **not** being treated.

#### Untreated Outcomes Test (UOT)

- Restrict analysis to untreated.
- Before a supply-side expansion the mean in the non-treated group is the weighted average between compliers and never-takers

$$\mathbb{E}(W^{0}|Z=0) = \frac{\mathbb{P}(C)}{\mathbb{P}(C) + \mathbb{P}(N))} \mathbb{E}(W^{0}|C) + \frac{\mathbb{P}(C)}{\mathbb{P}(C) + \mathbb{P}(N))} \mathbb{E}(W^{0}|N).$$
(1)

► After the supply-side expansion simply the mean of never-takers 𝔼(𝐶⁰|Z = 1) = 𝔼(𝐶⁰|𝔊).

We can quantify selection by

$$\begin{split} \Delta^{0} &= & \mathbb{E}(W^{0}|C) - \mathbb{E}(W^{0}|N) \\ &= & (-1)\frac{\mathbb{P}(C) + \mathbb{P}(N)}{\mathbb{P}(C)} \left[\underbrace{\mathbb{E}(W^{0}|Z=1) - \mathbb{E}(W^{0}|Z=0)}_{\theta_{0}}\right], \end{split}$$

with  $\theta_0$  the reduced form estimand (ITT) of the supply-side expansion **based on untreated only**.

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## Untreated Outcomes Test (UOT)

- Testing whether there is non-random uptake of treatment.
- ► Δ<sup>0</sup> represents the mean difference between compliers and never-takers prior to treatment.
- Note that this difference cannot be due to the treatment itself, as all are untreated.
- We will use △<sup>0</sup> to investigate to which extent compliers are a selected group in terms of health risk and socio-economic status.
- Statistical inference is based on the delta method or bootstrapping.

#### Event Study Midwife Data (UOT)

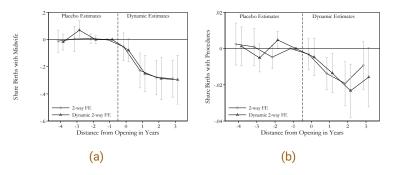


Figure: Event Study: (a) Births with Midwife; (b) Midwife Birth with Procedure

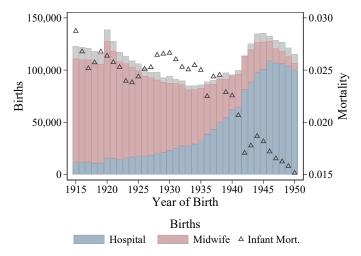
#### UOT on Midwife Assisted Home Births

	(1)	(2)	(3)	(4)	(5)	
	PANEL A: DID (2-WAY FE)					
	Births			Mother ill /	Twins	
	with Midwife	with Procedures	with Complications	diseased		
Hospital Opening $\theta^0$	-0.284***	-0.013***	-0.003**	-0.006***	-0.001	
	(0.054)	(0.004)	(0.001)	(0.002)	(0.001)	
Ν	791,755	622,930	622,930	622,930	622,930	
Health Districts	397	413	413	413	413	
	UNTREATED OUTCOME TEST (SELECTION)					
$\mathbb{E}(W^0 N)$	0.513	0.029	0.003	0.011	0.012	
$\Delta^0$		0.055	0.011	0.027	0.003	
Relative Risk		2.916	4.730	3.529	1.252	
	ROBUST DID ESTIMATOR (DYNAMIC 2-WAY FE)					
Robust Effect	-0.232	-0.012	-0.002	-0.008	-0.000	
SE Robust Effect	(0.061)	(0.004)	(0.001)	(0.007)	(0.002)	

Notes: Table shows effects of the a hospital opening or extension in a given health district.

Source: Midwife Diaries. Own calculations.

#### Transition from Home to Hospital Births



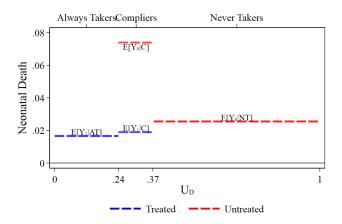
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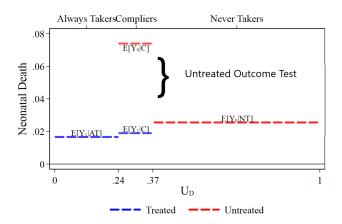
## Treated and Untreated Outcomes: Neonatal Mortality



#### Figure: Treated and Untreated Outcomes by Group.

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## Treated and Untreated Outcomes: Neonatal Mortality

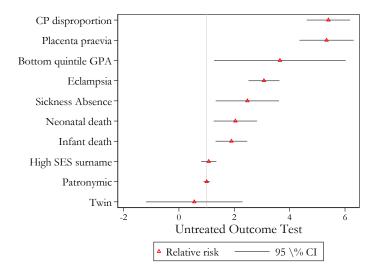


#### Figure: Treated and Untreated Outcomes by Group.

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Introduction

## Selection: Summary



Is strong risk selection in line with historical sources?

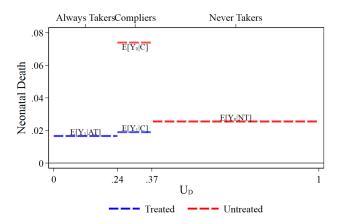
#### General

- By law (SFS 1919:798) the midwife had to contact a doctor in case of complications during child birth.
- The National healthcare committee (1928): hospitals should be for complicated cases.
- Related to specific complications
  - Midwifes not allowed to do surgery or use sharp instruments.
  - Only doctors allowed to give medicine (pitocin 1927, ergometrin 1935, heparin 1937).
  - Eclampsia could be identified by urine test by 1923.
  - Hospitals had instruments to initiate contractions and from 1927 doctors could provide pitocin.

## Can we do more? External validity?

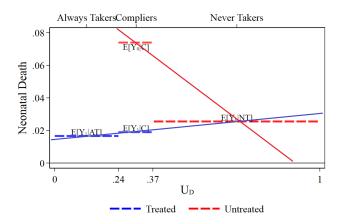
- Until now only binary instrument.
- Estimates of IV restricted to compliers.
- How well do our IV estimates extrapoLATE?
- Important question, when decision whether extending a programme based on (self-)selection into treatment.
- Imposing more structure
  - Impose linearity in unobserved heterogeneity / resistance to being born in a hospital U<sub>D</sub>
  - Continuous instrument distance to next hospital from families place of residence.

#### Linear MTE: Neonatal mortality



#### Figure: Treated and Untreated Outcomes by Group.

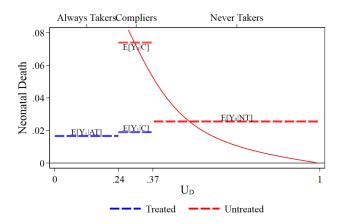
#### Linear MTE: Neonatal mortality



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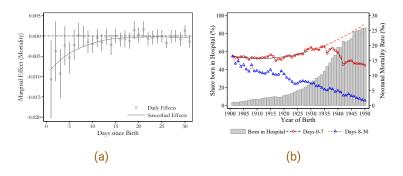
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#### Linear MTE: Neonatal mortality



#### Figure: Treated and Untreated Outcomes by Group.

## Reconciliation Effects and Trends



#### Figure: (a) Births with Midwife; (b) Midwife Birth with Procedure

Conclusions

- Critical births seem to have **shifted to hospitals**.
- Better care in case of (severe) complications.
- Find substantial decrease in the relative dementia risk of 10-15% from improved access to services.
- Parts of the effect runs through education and income.
- Unexplored potential to address the **early-life origins** of  $\triangleright$ dementia
- Potential for large policy leverage in developing countries...  $\triangleright$
- However strong **self-selection** suggests ATE << LATE.