

# Group-based trajectory modeling 

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## LCP (10.5\%) <br> Adolescent-onset (19.6\%)

Why use trajectories?

## Estimating trajectories

- Standard statistical approaches
- Hierarchical modeling
- Latent curve analysis
- Accounts for individual variability about a mean population trend
- Doesn't take into account the qualitative dimension of longitudinal data



## Assumptions





## Assumptions



# Group-based trajectory modeling 

A SAS Procedure Based on Mixture Models for Estimating Developmental Trajectories<br>BOBBY L. JONES<br>DANIEL S. NAGIN<br>KATHRYN ROEDER<br>Carnegie Mellon University

2001

## Group-based trajectory modeling

- A mixture of probability distributions that are suitably specificed to describe the data to be analyzed
- It is intended to complement hierarchical modeling and latent growth modeling
- Conceptually, group-based trajectory modeling and growth mixture modeling (GMM) are the same with some technical differences


## Example of GBTM

Trajectories of physical aggression from age 6 to 15 for males in the Montrealbased longitudinal study sample. (Data from Nagin \& Tremblay 1999.)


Table 1 Physical aggression group profiles in the Montreal-based longitudinal study. (Data from Nagin \& Tramblay 1999)

| Variable | Group |  |  |  |
| :--- | ---: | :---: | :---: | ---: |
|  | Low | Moderate declining | High declining | Chronic |
| Years of school: mother | 11.1 | 10.8 | 9.8 | 8.4 |
| Years of school: father | 11.5 | 10.7 | 9.8 | 9.1 |
| Low IQ (\% in lowest quartile) | 21.6 | 26.8 | 44.5 | 46.4 |
| Completed eighth grade on time (\%) | 80.3 | 64.6 | 31.8 | 6.5 |
| Juvenile record (\%) | 0.0 | 2.0 | 6.0 | 13.3 |
| \# of sexual partners age 17 a | 1.2 | 1.7 | 2.2 | 3.5 |

${ }^{2}$ Number of sexual partners at age 17 within the past year.

Model selection

## Model selection

- Type of distribution
- Number of trajectories
- Shape
- Size


## Distribution types

| Type of distribution | Type of data | Example |
| :---: | :---: | :---: |
| The censored normal <br> distribution | Continuous | Longitudinal data on a scale of <br> depression symptoms |
| The zero-inflated Poisson <br> distribution (ZIP) | Count | Arrests by age |
| Binary logistic distribution | Dichotomous | Whether hospitalized in year t or |

## The number of groups

- Bayesian information criteria (BIC) - most common
- Akaike information criterion (AIC)
- Lo-Mendell-Rubin likelihood ratio test (LMR-LRT)
- Entropy
- Indexes classification accuracy by averaging the posterior probabilities after individuals have been assigned to their most likely class (range 0 to 1 ; closer to 1 is greater precision)

The objective of the model selection is not the maximization of some statistic of model fit; rather, it is to summarize the distinctive features of the data in the most parsimonious-and useful-fashion possible


Polynomial order (shape): linear, quadratic, cubic

## Suggestions for model selection

## Statistical criteria

A) Proportion assigned to the group $\geq 5 \%$
B) Average of the posterior probabilites $\geq 0.7$
C) Odds of correct classification $>5$
D) Observing confidence intervals

# Important to clearly communicate the decision points and justifications employed to select the best trajectory model 

## Application Example

Data on self-reported delinquent group membership from age 11 to 17 in a large Montreal-based longitudinal study of over 1,000 males

## Outcome

- Self-reported delinquent group membership (yes = 1 / no =0)

Time scale

- Age 11 to 17

Logistic specification
Best fit

- Number of trajectory groups: 3 based on BIC


## Application Example



## Model Extensions

- Time-stable covariates
- Time-dependent covariates
- Dual-trajectory modeling (Nagin \& Tremblay 2001; Nagin 2005 chp 8)
- designed to analyze the developmental course of 2 distinct but related outcomes/time periods
- GBTM and propensity score matching (Haviland 2007, 2008, Haviland \& Nagin 2005)- for causal inference
- Group-based multi-trajectory modeling (Nagin et al. 2018)
- For multiple indicators
- Example: Rod et al. The Lancet 2020


## Example: Dual-trajectory modeling

Analyze 2 distinct but related outcomes

| A. Probability of delinquency group conditional on opposition group |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Opposition trajectory group |  |  |  |  |  |  |
|  | Low | Moderate | High |  |  |  |  |
| Low 2 | 0.54 | 0.29 | 0.23 |  |  |  |  |
| Rising | 0.30 | 0.41 | 0.34 |  |  |  |  |
| Chronic | 0.15 | 0.19 | 0.26 |  |  |  |  |
|  |  |  |  |  | 0.01 | 0.11 | 0.17 |

## Example: Multi-trajectory modeling

Identifies latent clusters of individuals following similar trajectories across multiple indicators of an outcome of interest


Figure 2: Estimated trajectory groups of childhood adversities among Danish children
1097628 Danish children were divided into the five estimated trajectory groups of childhood adversities.

## Software packages

## Stata

- traj
- Jones \& Nagin. 2013, Soc Meths \& Resch

SAS

- Traj
- Jones, Nagin, Roeder. 2001, Soc Meths \& Resch

R

- Icmm

Sociological Methods \& Research

# A Note on a Stata Plugin for Estimating Group-based Trajectory Models 

 Reprints and permission: sagepub.com/journalsPermissions.nav DOI: IO.II77/0049I24II3503I4IBobby L. Jones ${ }^{1}$ and Daniel S. Nagin ${ }^{2}$

Viewer - help traj
File Edit History Help

help traj $\quad \mathbf{x}$

## \{*26Sep2021\}help traj

traj: Trajectory modeling
trajplot: Plot results
multtrajplot: Plot multi-trajectory model results
trajstart: Generate random start values

## Description

traj uses a discrete mixture model to model longitudinal data. This model accommodates data groups with different parameter values for each group distribution. Groupings may identify distinct subpopulations. Alternatively, groupings may represent components of an approximation to an unknown and possibly complex data distribution.

## Examples

1. Censored normal (cnorm) model
2. Variability (sigma) by group option - cnorm model
3. Zero-inflated Poisson (zip) model

In my research

## References

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8. https://www.andrew.cmu.edu/user/bjones/
